# **High Braes Refuge** Summer Day Camp 2025 Parent Information



#### Dear Day Campers & Parents,

We are excited and grateful for the chance to offer our free Summer Day Camp ministry to children from our neighboring communities. It is amazing to watch God work in the lives of these young campers. The following information has been provided to help you, help us, give your child a great day camp experience. If you are receiving this letter, your child's registration form has been received and their name has been added to the camper registration list.

Please feel free to encourage your child to invite a friend to come to camp. If you need additional registration forms, please give us a call or you can find them on our website, along with other needed forms, at **highbraes.org.** We look forward to seeing your child at camp this summer.



#### **Information Included Below**

- Day Camp Schedule
- Medical Forms and Information
- What Your Child Should Bring to Camp
- Activity Information
- Needed Forms for Child to Attend Camp

## Day Camp Schedule: July 7-11

The 2025 Day Camp session will be held on July 7-11 and will be for grades K-6. The following explains each day's activities so your camper will be prepared.



## Monday: Registration – 8:30am

 <u>Monday</u> Morning Check In: Camper Registration will be from 8:30 – 9:00am, Monday morning. When you arrive at camp on the first day, you should bring your child to the registration area. Once we have looked over the medical form, your child will be allowed to join the group.

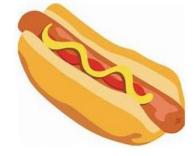
#### Monday pick-up time: 3:00pm

## Tuesday: Regular Camp Day – 9:00am Check-in

• Except for Monday, all other days or the week will begin at 9:00am. Your child must check-in at the registration table each day before they are allowed to join the group.

#### Tuesday pick-up time: 3:00pm

## Wednesday: Hot Dog Lunch Day – 9:00am



• Your child should bring a lunch each day with the exception of Wednesday where a hot dog lunch will be provided by the Braes. If your child does not like hot dogs, they are free to bring lunch on Wednesday as well.

#### Wednesday pick-up time: 3:00pm

### **Thursday: Regular Camp Day**

• Thursday is a regular camp day with registration check in at 9:00am.

#### Thursday pick-up time: 3:00pm

## Friday: Water Day and Closing Program – 9:00am

- Friday begins as a normal day with 9:00am registration check-in.
- After lunch, campers will go on a wagon ride to the falls. Though they are not allowed to swim at the falls, they will be allowed to wade into the edge of the water. Consider water shoes or sandals instead of sneakers.
- At 3:00 pm, campers will return from the falls for the water slide and other water activities.
- Water Activities end at 5:00pm and everyone changes to prepare for the Ziti dinner at 5:30pm.
- The Closing Program begins at 6:30 and usually takes about an hour.

#### • Campers will then be released with their parents.

Please notify camp staff if you plan to pick up your child before the closing program.





#### **Medical Forms:** The Camper Registration Form is

**not the only form needed**. Final registration at the camp is not complete until the enclosed medical form is **completed and returned to us**. **The Camper Confidential Medical Health Form must be provided prior to the first day of camp. This helps Monday morning registration move much faster**.

The 2025 Confidential Camper Medical Health Form is

required by the NYS Department of Health in order for your child to be able to attend camp. We cannot allow your child to come to camp until the completed form is submitted, including immunization records.

## **Other Medical Information:**

**Medications:** If your child will be taking any prescription medications during the time they are at camp, these must be checked in with the Camp Nurse at the time of "check in." All prescription medications must be in the original container with the doctors' instructions attached. If your child needs to take any over-the-counter medications during their time at camp, you will need to request that your doctor provide some form of written permission or script that our medical staff can follow. OUR CAMP NURSE IS NOT ALLOWED TO GIVE YOUR CHILD



MEDICATIONS OF ANY KIND WITHOUT YOUR DOCTORS PERMISSION.

In the Event Your Child Needs Medical Attention: In the event your child becomes ill or injured, High Braes Refuge medical staff will evaluate the situation and make decisions about what should be done. Action will only be taken where permitted by law or your doctor. If illness would prevent the child from continuing with camp activities, you will be called so they can return home. Simple injuries will be treated at the camp. If the injury is more complex, you will be called, and/or they will be taken to an appropriate treatment center for care. Every effort will be made to contact you in the event your child needs medical attention outside of the camp. You, as their parent, are responsible for contact with your insurance company.

**Sunscreen and Insect Repellent Use Policy**: As you may have noticed on your registration form, NYS requires parental permission for your child to use sunscreen and insect repellent during camp hours. If either is going to be used by a camper, we suggest that it be applied before they arrive at the camp. However, if you would like your child to be able to use them during camp hours, you must give permission. You can allow your child to apply themself or to have staff assistance.

## **What Your Child Should Bring to Camp:**

- Lunch for each day except Wednesday. If they do not like hot dogs, they can also bring lunch on Wednesday.
- Medications, Sunscreen and Insect repellent. (See Above)
- Bathing suit, (no 2-piece bathing suits).
- Water shoes or sandals for Friday water activities.
- Extra clothing for cool days and a rain jacket for wet days.

## **Activity Information:**

#### Combined Activities Release Form: The Combined Activities Release

Form must be completed for all campers, regardless of age and included with the paperwork sent in before camp. This release form will cover all camp activities including, but not limited to: Water Slide, Field Games, and Archery activities. Age limits for Archery are grades 3rd-6th only.

## **Forms Needed for Child to Attend Camp:**

- 2025 Camper Registration Form
- 2025 Camper Confidential Medical Health Form
- **Combined Activities Release From**

All necessary forms are available on our website at highbraes.org.

**Your Help is Appreciated:** The Braes Summer Camping program is offered free of charge for children living within the neighboring communities surrounding the Braes. Our ability to provide this camping experience depends on the faithful churches and individuals who donate the financial resources needed. We ask that you prayerfully consider helping us meet these financial needs.

For questions concerning the day camp program please contact:

- Jeff Andrews Camp Director jeffandrews@highbraes.com
- Mary Ellen Cooper Camp Registrar mecooper@highbraes.com

High Braes Refuge, 196 Waterbury Rd, Redfield, NY 13437 Phone: (315) 599-7362, Fax: (315) 599-4005 Email: contactus@highbraes.com

High Braes Refuge, Inc. is operated by permit from the New York State Department of Health and is inspected twice per year. The required reports and safety plans are filed with the Oswego County Health Department and are available for review. If you have any questions, please contact our office at (315) 599-7362

